

Baseline

**Prepared for Life Scale (PFL)**

**Place a tick in the box to say how much you agree or disagree with the statements. Do not think much about your answers; just put what comes to your mind. There no right or wrong answer, so feel free to say, what you think.**

**Please fill all the details. Please note that \*\*Unique ID is to be filled in by staff.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Full Name of the Youth : | | | Name of Guide (If applicable): | | | | |
| Age & DOB of the Youth : | | | Name of School/College (If applicable): | | | | |
| Gender of the Youth : | | | Date: | | | | |
| \*\***Unique ID** **:** | | |  | | | | |
| Sl.  No. |  | Really really disagree | Disagree | Disagree  a little | Agree  a little | Agree | Really really agree |
| 1 | I can usually get along with other people (friends, family, etc.) |  |  |  |  |  |  |
| 2 | I have things I want to achieve in my life |  |  |  |  |  |  |
| 3. | There are a lot of things I can do when I get older |  |  |  |  |  |  |
| 4. | I have a future job in mind |  |  |  |  |  |  |
| 5. | I can show how I feel |  |  |  |  |  |  |
| 6. | I want to continue learning and gain new skills |  |  |  |  |  |  |
| 7. | I'm OK at making friends |  |  |  |  |  |  |
| 8. | I can say "No" when I need to or if I don’t like something |  |  |  |  |  |  |
| 9. | One day I will find someone special (girlfriend, boyfriend, husband, wife, close friend) |  |  |  |  |  |  |
| 10. | I can ask for help when I need to |  |  |  |  |  |  |
| 11. | One day I will have a nice place to stay/live |  |  |  |  |  |  |
| 12. | I can overcome problems in my life and find solutions |  |  |  |  |  |  |
| 13. | I feel OK about myself |  |  |  |  |  |  |
| 14. | I'm looking forward to my future |  |  |  |  |  |  |



Endline

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| Gender of the Youth : | | | Date: | | | | |
| \*\***Unique ID** **:** | | |  | | | | |
| Sl.  No. |  | Really really disagree | Disagree | Disagree  a little | Agree  a little | Agree | Really really agree |
| 1 | I can usually get along with other people (friends, family, etc.) |  |  |  |  |  |  |
| 2 | I have things I want to achieve in my life |  |  |  |  |  |  |
| 3. | There are a lot of things I can do when I get older |  |  |  |  |  |  |
| 4. | I have a future job in mind |  |  |  |  |  |  |
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